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Kaizen No-Michi News Archive 2012

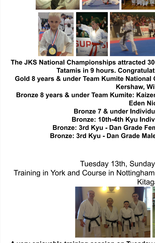
Saturday 15th December 2012
Course with Sensei Richard Amos 7th Dan

An inspirational course with Sensei Richard Amos 7th Dan.
Sensei Amos is the Chief Instructor of WTKO and the second westerner to complete the JKA 3 year instructor program.

Saturday 9th December 2012
JKS England Christmas Course with Sensei's Alan Campbell 6th Dan & Scott Langley 5th Dan

Another great ending to the year at JKS England Christmas course with Sensei's Alan Campbell 6th Dan and Scott Langley 5th Dan.

Saturday 1st December 2012
Kaizen No-Michi Training and Kyu Grading with Sensei Steve Carless 5th Dan



A very enjoyable training session with Sensei Steve Carless 5th Dan, with focus on kata and applications. Congratulations to the following students:
Daniel Croft, Daniel Lowry, Mike stringer, Jack Stringer, Matthew Ross and Chris Woods.

Saturday 25th November 2012
JKS England National Karate championships

The JKS National Championships attracted 300 competitors with 850 entries running over 3 Tatamis in 9 hours. Congratulations to the following Students:
Gold 8 years & under Team Kumite National Champions Kaizen B: Ben Clipsham, Charlie Kershaw, William Farrell
Bronze 8 years & under Team Kumite: Kaizen A: Chelsea Kershaw, Alishia Romagnuolo, Eden Nicholson
Bronze 7 & under Individual Kumite: William Farrell
Bronze: 10th-4th Kyu Individual Kumite: Daniel Croft
Bronze: 3rd Kyu - Dan Grade Female Cadets Kumite: Jade Taylor
Bronze: 3rd Kyu - Dan Grade Male Cadets Kumite: Luke Townsend

Tuesday 13th, Sunday 18th November 2012
Training in York and Course in Nottingham with Sensei's Alan Campbell and Takeshi Kitagawa.

A very enjoyable training session on Tuesday with Kitagawa Sensei, followed by Brown and Black Belt Course on Sunday
with Sensei's Campbell and Kitagawa.
Wednesday 24th &Thursday 25th October 2012
Tigers Halloween Karate Special

Two great evenings, hosting special Halloween Karate sessions for the Tigers. Both the children and parents enjoyed the evening
with Spooky Team Kata, Apple Bobbing, Spooky Musical Karate Statues, Sensei Mummy Wrap and other games.

Sunday 21st October 2012
JKS Scotland National Karate Championships

Congratulations to Lacie Stambridge on taking Silver in the Girls Kumite at the JKS Scotland National Karate Championships.
Saturday 1st September 2012
Kaizen No-Michi Training and Kyu Grading with Sensei Steve Carless 5th Dan

Congratulations to the following students on passing their grades: Mike Stringer 9th Kyu, Jack Stringer 8th Kyu, Rebecca Smylie 8th Kyu, Chris Woods 5th Kyu & Kevin Pykett 4th Kyu. Well Done to all our students that trained, Many thanks to Sensei Steve Carless for yet another fantastic training session and grading. Also many thanks to Sensei's Simon Bligh, Duncan Blades & Paul Brant for travelling to Grimsby to Support us. Osu
Thursday 27th July 2012
Olympic Torch Bearer Roy Saxby visits Kaizen No-Michi

Olympic Torch Bearer Roy Saxby visited Kaizen No-Michi between the Tigers and Main class sessions to show off the torch that he carried as part of the relay. He was chosen to carry the torch through Grimsby in recognition of his career teaching athletics, promoting anti-bullying in schools and his fund raising for countless charities. Roy gave an inspirational talk about the torch relay and his charity work. He also gave students a chance to hold the torch and pose for photographs. Roy is currently visiting schools and businesses in the area with his torch to promote and raise funds for 'Help Our Hero's'.
If you would like to make a donation to this charity, please visit Roy's site
http://www.bmycharity.com/RoySaxby
July 2012
Congratulations to our Students

Congratulations on your Graduation to Lewis Simpson(Sociology - University of Hull) Shelly Moug (Pharmacology - University of Leeds)
and Ethan Jones (Kindergarten - St Martins School)
Friday 29th - Sunday 22nd June 2012
JKS Summer Camp - Torbay
with Sensei's Alan Campbell 6th Dan, Nick Heald 6th Dan, Steve Carless 5th Dan & Matt Price 5th Dan

Yet another fantastic weekend in Torbay with Sensei's Alan Campbell 6th Dan, Nick Heald 6th Dan, Steve Carless 5th Dan, Matt Price 5th Dan
and Andrew Jones 4th Dan (Beach Training)
Saturday 30th June 2012
Kaizen No-Michi 5th Year Anniversary Course with Sensei Alan Campbell 6th Dan

Kaizen No-Michi Course with Sensei Alan Campbell 6th Dan. Thank You Sensei for a fantastic days training.
Saturday 16th June 2012
Kaizen No-Michi Training and Kyu Grading with Sensei Steve Carless 5th Dan

Congratulations to the following students passing Kyu grades: Jack Searby, Jack Stringer, Rebecca Riches and Matthew Ross.
Wednesday 16th -17th May 2012
Kaizen No-Michi Tigers Grading
with Sensei's Andrew Jones 4th Dan & Jackie Jones 3rd Dan

Congratulations to all our Tigers who graded. Osu
Monday 7th May 2012
Selby Annual Novice Karate Championships

A successful day for Kaizen No-Michi at the Selby Karate Competition.
Results: Lynne Short - Gold - (Over 16 - Female Kumite - 2nd Kyu+) Ian Chapman - Silver - (Over 16 - Mixed Kata - Beg to 3rd Kyu)
Joshua Sykes - Bronze - (Under 9 - Mixed Kata) William Pykett - 4th Place - (Under 9 - Mixed Kata)
Daniel Lowry - 4th Place - (Under 12 - Mixed Kumite)
Well done to everyone who entered the competition. Very proud of what you have all achieved.
Also Thank You to Paul Brant and Selby Karate Club for inviting us. An enjoyable day at a very well organised event. Osu
Sunday 31st March 2012
Kaizen No-Michi Training and Kyu Grading with Sensei Steve Carless 5th Dan

Congratulations to the following students on passing Kyu grades: Rebecca Smylie, Ian Chapman, Rebecca Riches, Matthew Ross, Chris Woods, Simon Short, Teresa Tuplin and Kevin Pykett.
Tuesday 13th March 2012
JKS Technical Seminar with Sensei Masao Kagawa 8th Dan

JKS Technical Seminar with Sensei Masao Kagawa 8th Dan held at LKA Dojo Leeds
Sunday 26th February 2012
JKS York Course with Sensei's Alan Campbell 6th Dan and Scott Langley 5th Dan

A very enjoyable course in York with Sensei's Alan Campbell 6th Dan and Scott Langley 5th Dan
Sunday 29th January 2012
JKS Brown & Black Belt Course followed by Squad Training
with Sensei's Alan Campbell , Matt Price and Nick Heald

A fantastic beginning to 2012 with the first JKS Brown & Black Belt Course with Sensei Alan Campbell,
followed by an inspiring squad training session with Sensei's Matt Price and Nick Heald.
Wednesday 25th - Thursday 26th January 2012
Kaizen Tigers Grading
with Sensei's Andrew and Jackie Jones

Kaizen No-Michi Tigers grading conducted over two evenings with Sensei Andrew Jones 4th Dan and Sensei Jackie Jones 3rd Dan.
Congratulations to all Tigers for progressing to their next grade. Osu
Monday 9th - Sunday 15th January 2012
Kangeiko 2012 'On The Beach'
Cleethorpes

Kangeiko 'On The Beach' 2012. The 7 day Intense Karate Winter Training, saw 18 Karate-ka turning up at 6am every morning in the freezing cold on Cleethorpes Beach, fully committing to the Kangeiko Spirit.
The rewards of building camaraderie, spirit and a sense of joint accomplishment.
Well Done to all, for completing the following: 7 Days - Luke Townsend, Jade Taylor, Lewis Simpson, Beckham Tuplin,Teresa Tuplin, Chris Woods.
6 Days - Kevin Pykett, Martyn Smith. 5 Days - Alice Hylton, Simon Short. 4 Days - Sarah Taylor, Dan Clarke, Jacob Norburn.
2 Days - Mike Stringer, Jack Stringer. 1 Day - Sensei Paul Brant (Selby Karate Club)